

Nutrition Study Guide
Chapter 12
Nutrition From 1 to 100

- 1 What should be the goal when feeding children at the dinner table?
- 2 What is the importance of School Lunch Programs?
- 3 How can we prevent child dental caries?
- 4 What is lead dangerous?
- 5 What is the US average life expectancy?
- 6 What are these age related conditions: arthritis, macular degeneration, and cataracts?
- 7 What is senior food insecurity?
- 8 Is alcohol considered a nutrient?
- 9 How is alcohol metabolized in the body? What is a fatty liver? Cirrhosis?