

Macomb Community College
 Nutrition - BIO1400 (C0802)
 CR 278 / Lecture TTh 4:00 PM - 6:55 PM
 Cliff Belleau (belleauc@macomb.edu)

Lecture Schedule

Date/Day		Learning Objectives	Chapter	Quiz*	Nutrition Paper
03/13/18	T	Orientation Unit 1	C1 - Nutrition: Everyday Choices C2 - Guidelines for a Healthy Diet		
03/15/18	Th	Unit 2	C3 - Digestion: Meals to Molecules		Lab 1
03/20/18	T	Unit 3	C4 - Carbohydrates	1	
03/22/18	Th	Unit 3	C5 - Lipids		Lab 2
03/27/18	T	No School			
03/29/18	Th	No School			
04/03/18	T	Unit 3	C6 - Proteins	2	
04/05/18	Th	Unit 4	C7 - Vitamins		Lab 3
04/10/18	T	Unit 4	C8 - Water & Minerals	3	
04/12/18	Th	Unit 5	C9 - (Alcohol and Eating Disorders)		Lab 4
04/17/18	T	Unit 6	C10 - Nutrition, Fitness, Physical Activity	4	
04/19/18	Th	Unit 6	C10 - Nutrition, Fitness, Physical Activity		Lab 5
04/24/18	T	Unit 7	C11 - Nutrition: Pregnancy & Infancy	5	
04/26/18	Th	Unit 7	C11 - Nutrition: Pregnancy & Infancy		Submit Paper
05/01/18	T	Unit 7	C12 - Nutrition: 1 to 100	6	
05/03/18	Th	Unit 8	C13 - How Safe Is Our Food Supply?		Buffet Dinner
05/10/18	T	No Lecture	Return Grades & Nutrition Paper	7	

* Note: Quiz Content Subject to Lecture Progress